



## About Polycystic Ovarian Syndrome

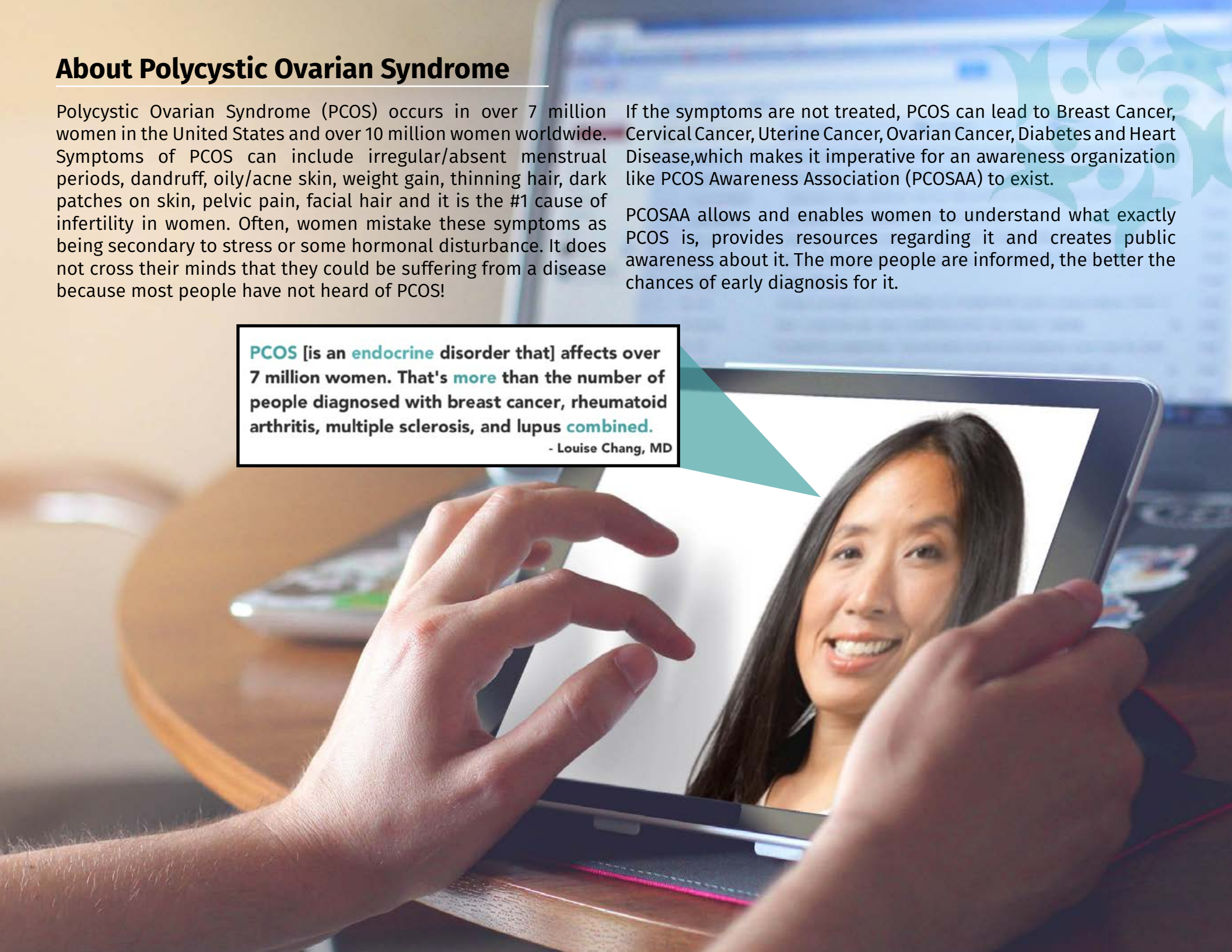
Polycystic Ovarian Syndrome (PCOS) occurs in over 7 million women in the United States and over 10 million women worldwide. Symptoms of PCOS can include irregular/absent menstrual periods, dandruff, oily/acne skin, weight gain, thinning hair, dark patches on skin, pelvic pain, facial hair and it is the #1 cause of infertility in women. Often, women mistake these symptoms as being secondary to stress or some hormonal disturbance. It does not cross their minds that they could be suffering from a disease because most people have not heard of PCOS!

If the symptoms are not treated, PCOS can lead to Breast Cancer, Cervical Cancer, Uterine Cancer, Ovarian Cancer, Diabetes and Heart Disease, which makes it imperative for an awareness organization like PCOS Awareness Association (PCOSAA) to exist.

PCOSAA allows and enables women to understand what exactly PCOS is, provides resources regarding it and creates public awareness about it. The more people are informed, the better the chances of early diagnosis for it.

**PCOS** [is an **endocrine** disorder that] affects over **7 million** women. That's **more** than the number of people diagnosed with breast cancer, rheumatoid arthritis, multiple sclerosis, and lupus **combined**.

- Louise Chang, MD



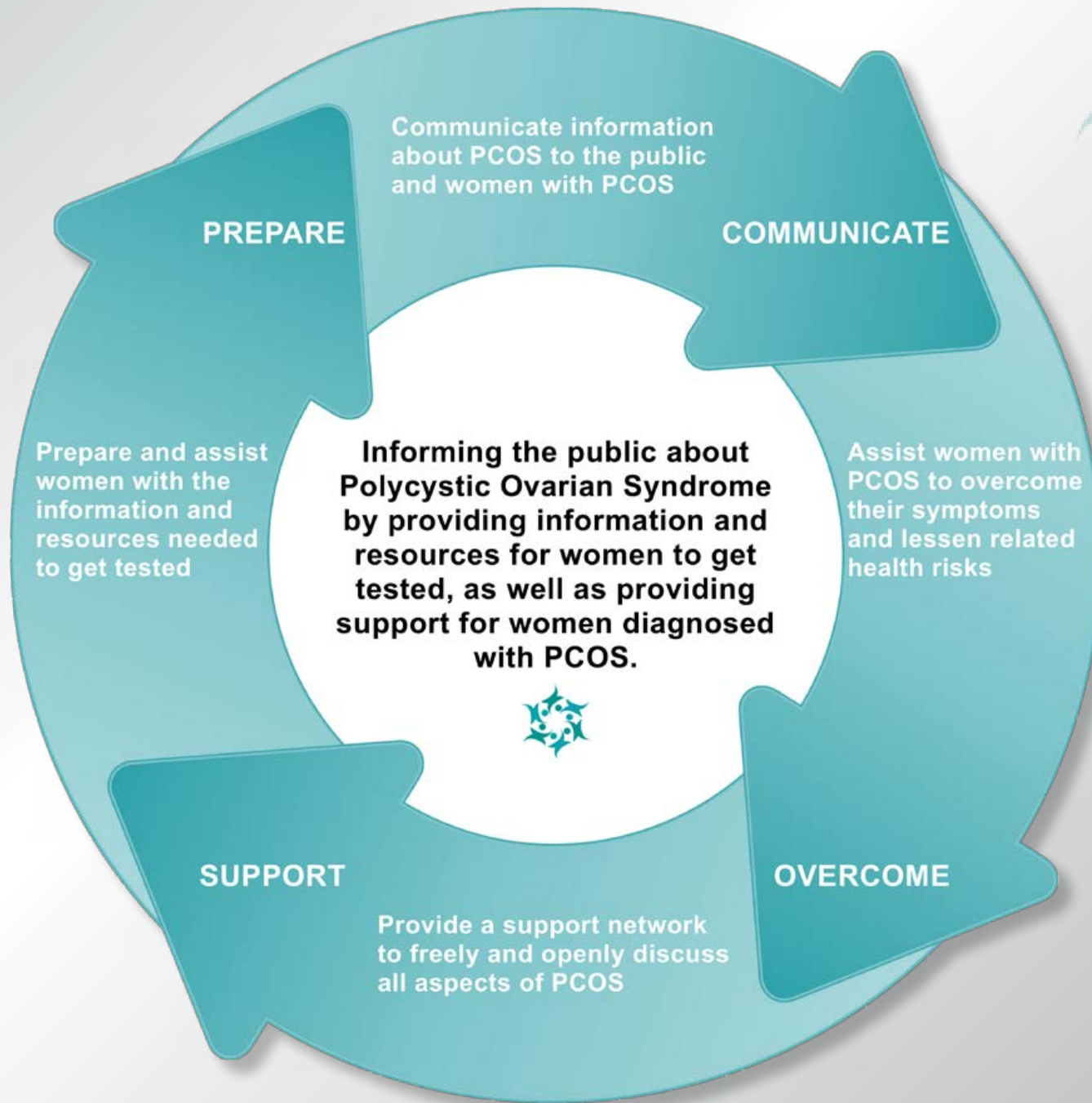
## About PCOS Awareness Association

PCOS Awareness Association (PCOSAA) is a 501(c)3 non-profit organization that was created in 2012, with immense love and sincere concern for women all over the world. Our primary aims are to spread awareness about the disease enough to make women conscious to detecting the signs and symptoms of PCOS, to help women get their blood tests and pelvic ultrasounds done to diagnose and/or rule out PCOS, and finally to help those women who have already been diagnosed with PCOS.

The PCOSAA team is led by amazing people who have experienced this disease themselves or have observed someone close to them struggle with PCOS. Through our extensive outreach, research and experience, our programs have been tailored to address the concerns of women worldwide. This is precisely why a major chunk of our donations and volunteers' participation goes into raising awareness about PCOS.



# PCOS Awareness Association's Mission Statement and Goals



## Featured in



## The Most Influential PCOS Non-Profits

### A List of the Most Influential PCOS Non-Profit Organizations

September is PCOS (Polycystic Ovary Syndrome) Awareness Month, a time to promote awareness of one of the most common endocrine disorders in women in the world. One of the reasons PCOS doesn't get more attention is due to a lack of research funding. If you're looking to make a tax-deductible donation this year, why not choose one that benefits PCOS? Below you will find some of the most influential non-profit organizations that are making a difference to thousands of women with PCOS, all of

whom need your support to make a difference in this overlooked condition.

### PCOS Awareness Association

The mission of these movers and shakers (all women with PCOS) are informing the public about PCOS by providing information and resources for women to get tested, as well as providing support for women diagnosed with PCOS. Join the PCOS Awareness Association's online community, shop their online store, or participate in the many PCOS awareness events that they host.

# Frequently Asked Questions about PCOS Awareness Association

## What is PCOSAA?

PCOS Awareness Association (PCOSAA) is a volunteer based organization by and for the education, awareness and support of Polycystic Ovarian Syndrome and all those that are affected by it.

## When was PCOSAA founded?

PCOSAA was founded by Megan Domino in September 2012. She started selling handmade bracelets to family and friends for \$1 to not only raise awareness but to start PCOS Awareness Association.

Present day, PCOS Awareness Association has grown so much and we are thankful for all the help, support and passion everyone has put into making it successful. PCOSAA will continue to grow and provide more resources to all those that need it. We hope that through our Mission, our Goals and our Core Values, women with PCOS will benefit.

## How can I get involved?

There are plenty of ways to get involved. Potential volunteers can email [volunteer@pcosaa.org](mailto:volunteer@pcosaa.org). We are always looking to collaborate with other organizations the help raise awareness. We also offer sponsorship packages. We also gratefully accept donations.

## Can I mail my donation?

Yes, we accepted mail-in donations. Please mail your donation here:

PCOS Awareness Association  
P.O. Box 88788  
Seattle, WA 98138-2788

## Is my donation tax deductible?

PCOSAA is a registered 501(c)3 EIN # 46-1182190 which is tax deductible

# FAQ

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## Testimonials

I used to think I was alone when I was diagnosed with PCOS. I don't know anyone else who has it. This page and everyone on here is so helpful and reminds me that I'm not the only one going through all this! I was diagnosed officially last January. I've had the problems since I was 11 and I'm turning 18 soon. Nice to hear other opinions and have some support!

Facebook - Cyster

I am excited to step out of my little "bubble" and to learn new ways of getting involved and connecting with others, and to have the opportunity to be a part of something BIG. I am very thankful to have found your amazing organization!

Facebook - Cyster

I would love to thank you guys for making it possible to spread awareness to people about this condition and all that it brings with it!... with this I can feel a little better and not feel so crazy when things happen in my life. But I'm thankful for all of you who are in charge of this organization!

Facebook - Cyster

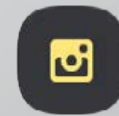
So much love of having you all guys :) really feel like I'm not alone. Thanks for every single information that you share :)

Cysters, keep fighting!

Facebook - Cyster

PCOSAA Helped me feel like I am not alone in this battle! Their generous support has given me the strength and knowledge I need to feel good about myself.

-Instagram Cyster





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